

# Kororoit Creek Neighbourhood House

TERM 4 2022

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## Brimbank Repair Café — Volunteers Wanted!

In coming months we'll be launching a new Repair Café in Brimbank. We're looking for people with skills in the repairing or mending of items such as electrical appliances, furniture, textiles and clothing.

We'll be holding an information session for those keen to find out more in November. If you are interested in getting involved, please email [coordinator@kcnh.org.au](mailto:coordinator@kcnh.org.au)

This project is supported by the Circular Economy Communities Fund. The Fund is delivered by Sustainability Victoria under the Victorian Government's circular economy plan, *Recycling Victoria: a new economy*.



## Albion Artefacts - More Treasure Less Trash!

As part of this years Garage Sale Trail in November, we are holding a community Garage Sale and Open Day.

We are looking for community members who would like to be stallholders at our garage sale and sell their second-hand items.

This event will be held 10am & 2pm on Sunday 13 November.

If you are interested in having a stall please email us at [coordinator@kcnh.org.au](mailto:coordinator@kcnh.org.au) - places are limited!



**COOL  
YOUR  
'HOOD**

## Cool Neighbourhoods — Urban Heat Island Project

Looking for ways to keep your house cool over summer, reduce winter heating bills, help keep your family healthy and support urban biodiversity? These are just some of the benefits of trees!

The Cool Neighbourhoods project aims to tackle Urban Heat Island effect in Brimbank. We'll be giving away trees, creating verge gardens and running workshops on how to strategically use trees and plants to shade your home among other things.

If you'd like to join the mailing list for this project, email us at [coordinator@kcnh.org.au](mailto:coordinator@kcnh.org.au)

This project is supported by The Lord Mayor's Charitable Foundation.



## HEALTH & WELLBEING

### SunYoga

Relax, strengthen, stretch, slow down, de-stress & breathe... SunYoga classes are gentle, slow paced, friendly and fun. Taught by Lisa Worley, these Hatha based yoga classes improve general health and wellbeing, and are suitable for all levels, including beginners. Join anytime.

Tuesday 9.30-10.45am

Thursday 6.30-7.45pm

Saturday 8.30-10am

Saturday 10.15-11.30am

First class is FREE. | Casual drop in \$20

1 Class \$170 /\$155 conc. (10 weeks)

2 classes per week \$310/\$280 conc. (10 weeks)

For more information contact Lisa on mob: 0411 111794

| e: info@sunyoga.com.au

### Zumba Classes

Would you like to giggle, jiggle and wiggle your way to happier healthier you? Join Michelle for an hour of fun. Zumba is a super fun way to improve your fitness while dancing to some fabulous music.

Sundays 9.30am to 10.30am & Tuesdays 6pm to 6.45pm

Casual payment: \$5 per session

For more information contact Michelle on p:

0437246886 or e: chambo\_mich@hotmail.com

### Artful Minds

The aim of art as therapy is to engage participants in developing skills to utilise art as a therapeutic tool, to improve relaxation, decrease anxiety and provide a space for creative self-expression. Art therapy is offered one-on-one or in a small group of up to 6.

The overall aim of the group is to provide a supportive and social environment in which participants are supported to learn and develop new skills and develop positive community connections.

Wednesdays 1:00pm-4:00pm

E: mandalamandala11@gmail.com

## KIDS AND FAMILIES

### Drama with Jessica Gerger

A fun weekly drama program for primary school children. Jessica Gerger has been teaching drama to children for the past ten years and she absolutely loves it! Children will use games, improvisation and simple texts to explore drama.

Wednesday 20 July to Wednesday 7 September

Group 1: 3.50pm - 4.50pm

Group 2: 5pm - 6pm

\$15 Full/\$12 conc per session

e: jessicagerger@gmail.com or p: 0449069962

### KCNH Homework Club

Join us for our Homework Club for primary school students in Grades 3-6 on Tuesdays 3.45pm to 5.15pm @ Kororoit Creek Neighbourhood House.

We can help with:

- Homework (Maths, English etc)
- Improving reading skills
- Building language skills
- Fun learning experiences and games
- Build confidence & make new friends

To enrol or for further information please contact Christine at homeworkclub@kcnh.org.au

### Mums & Bubs Group

A group for parents with babies aged 0 to 18 months. Meet up for a cuppa and a chat with other parents.

Each Wednesday's 10am -11am — excepting the first Wednesday of the month | Gold coin donation

Email: coordinator@kcnh.org.au

### Parents & Play Group

Meet up for a cuppa and a chat with other local parents, carers and children at KCNH. This playgroup is an unfacilitated group.

All families welcome—No booking required, just come along on the day.

Mondays 10am -11am | FREE

Email: coordinator@kcnh.org.au

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## VOLUNTEER WITH US!

Interested in getting involved? We are always happy to hear from people looking to share some time to help with community programs, events or the day-to-day running of the House and garden.

Whether you are free to help weekly, monthly or just at events, we'd love to hear from you. Send us an email at coordinator@kcnh.org.au or drop by the House and say Hello!

## BRIMBANK U3A

### Armchair Travel

This is a time where our members can share their photos and memories with other members in a relaxed and friendly setting.

10am to 12pm on first Wednesday of the month.

e: [info@u3abrimbank.org.au](mailto:info@u3abrimbank.org.au) or p: 9249 4570

### Hollywood & Beyond

Film discussion group, join U3A members to watch a different movie each month followed by a film discussion.

1pm-3.30pm on third Thursday of the month.

e: [info@u3abrimbank.org.au](mailto:info@u3abrimbank.org.au) or p: 9249 4570

## COMMUNITY GROUPS

### Friends of Kororoit Creek

The Friends of Kororoit Creek are an active group of volunteers working on a range of activities which aim to improve the health of the Kororoit Creek and its surrounds in the Brimbank area.

FOKC meet bi-monthly meetings and they welcome new members.

Email: [secretary@fokc.org.au](mailto:secretary@fokc.org.au)

## BrimBUGS

BrimBUGs is a Bicycle User Group based in the City of Brimbank.

Meeting: 2nd Wed of the month at 7pm

Thursday ride: Thursday 9am Selwyn Park Albion

Email: [brimbug@gmail.com](mailto:brimbug@gmail.com)

## Albion Ardeer Community Club

The Albion & Ardeer Community Club is an incorporated association made up of local residents working towards a healthy and happy neighbourhood.

Call Neil on 0407 956 009

## ALBION COMMUNITY GARDEN

There's been lots of new stuff happening in our community garden over the last six months. We're currently creating an edible perennial food forest in our front garden.

The community garden is a communal growing space, with garden volunteers sharing both the gardening and the harvest. New gardeners are welcome!

If you'd like to get involved, email coordinator [@kcnh.org.au](mailto:@kcnh.org.au) or m: 0413 434 082



## KCNH Library of Things

We're working on a library of things to provide community with access to useful items that people often use only occasionally. Borrowing saves you buying them! Loans are for domestic use only.

**Fowlers Vacola Stainless Steel Preserver:** Electric preserving unit—turn your excess fruit and tomatoes into fruit preserves or passata. Used for preserves that require a water bath after bottling, this preserving unit is automated and will keep a constant temperature to process preserves and ensure they are safe to store and eat later. Unit plugs into a power point and comes with instruction manual.

**Fowlers Vacola Dehydrator:** Drying foods is one of the oldest forms of preserving—a great way to preserve garden harvest of fruit or veggies. Unit plugs into a power point and comes with instruction manual.

**Sewing Machines & Overlocker:** Sewing machines and overlocker suitable for general sewing projects including mending, dress making and other sewing projects.

**Wheelbarrows:** Need a wheelbarrow for a project but don't have anywhere to store long-term. We have a couple of wheelbarrows available to loan.

**Borrowing:** Equipment can be loaned for 7 days (depending on demand). Borrowing is FREE—a small refundable bond applies, please speak to the co-coordinators if leaving a bond presents a problem for you. To arrange a loan contact us at [coordinator@kcnh.org.au](mailto:coordinator@kcnh.org.au)

# Welcome to Kororoit Creek NH

Nhà Láng giềng Kororoit Creek là nơi dành cho toàn thể cộng đồng.

Ở đây chúng tôi có các hoạt động và các lớp học cho quý vị! Có lớp Tiếng Anh - cho người mới bắt đầu hoặc cho người làm việc - các lớp học vui vẻ và thân thiện. Có các nhóm cho trẻ em chơi và phụ huynh cũng như các hoạt động khác cho trẻ em.

Có Câu lạc bộ sách, Chương trình Yoga, Làm vườn, Tái sử dụng và Môi trường và còn nhiều hơn nữa!

Chúng tôi rất mong quý vị đến thăm chúng tôi tại 61A Selwyn St, Albion. Hoặc xem trang Facebook hoặc trang mạng để tìm hiểu thêm về chúng tôi.

Kororoit Creek Neighbourhood House என்பது முழுச் சமுதாயத்திற்குமான ஓர் இடம்.

உங்களுக்காகச் செயற்பாடுகளையும் வகுப்புகளையும் நடத்துகிறோம்!

ஆங்கில மொழி - ஆங்கிலம் அவ்வளவாகப் பேசத் தெரியாத ஆரம்பநிலையில் உள்ளவர்களுக்கு அல்லது வேலைக்குச் செல்வோருக்கானது - வேடிக்கையும் சினேக உணர்வும் மிக்க வகுப்புகள்.

பிள்ளைகளுக்கும் பெற்றோர்களுக்குமான விளையாட்டுக் குழுக்கள், அதோடு பிள்ளைகளுக்கான வேறு செயற்பாடுகளும். புத்தக மன்றம், யோகா, தோட்டமமைத்தல், மறுசுழற்சி செய்தல் மற்றும் சுற்றாடல் திட்டங்கள் மற்றும் பல!

61A Selwyn St, Albion என்ற விலாசத்தில் எங்களை வந்து பார்க்குமாறு அழைக்கிறோம்.

அல்லது எங்களுடைய முகநூல் பக்கம் அல்லது இணையத்தளத்தைப் பார்த்து, எங்களைப் பற்றி மேலும் அறிந்துகொள்ளுங்கள்.

ਕੋਰੋਰੋਇਟ ਕਰੀਕ ਨੇਬਰਹੁਡ ਹਾਊਸ ਸਾਰੇ ਭਾਈਚਾਰੇ ਲਈ ਇੱਕ ਥਾਂ ਹੈ।

ਸਾਡੇ ਕੋਲ ਤੁਹਾਡੇ ਲਈ ਗਤੀਵਿਧੀਆਂ ਅਤੇ ਕਲਾਸਾਂ ਹਨ।

ਅੰਗਰੇਜ਼ੀ ਭਾਸ਼ਾ - ਸ਼ੁਰੂ ਕਰਨ ਵਾਲਿਆਂ ਲਈ ਜਾਂ ਕੰਮ ਲਈ - ਮਜ਼ਦਾਰ ਅਤੇ ਦੋਸਤਾਨਾ ਕਲਾਸਾਂ। ਬੱਚਿਆਂ ਅਤੇ ਮਾਪਿਆਂ ਲਈ ਪਲੇ ਗਰੁੱਪ (ਖੇਡਾਂ ਦੇ ਸਮੂਹ) ਤੇ ਨਾਲ ਹੀ ਬੱਚਿਆਂ ਦੀਆਂ ਹੋਰ ਗਤੀਵਿਧੀਆਂ। ਬੁੱਕ (ਵਿਤਾਬ) ਕਲੱਬ, ਯੋਗਾ, ਬਾਗਬਾਨੀ, ਮੁੜਵਰਤੋਂ ਅਤੇ ਵਾਤਾਵਰਨ ਦੇ ਪ੍ਰੋਗਰਾਮ ਅਤੇ ਹੋਰ।

ਅਸੀਂ ਤੁਹਾਨੂੰ 61A ਸੈਲਵਿਨ ਸਟਰੀਟ, ਐਲਬੀਅਨ (61A Selwyn St, Albion) ਤੇ ਆਉਣ ਲਈ ਪਸੰਦ ਕਰਾਂਗੇ।

ਜਾਂ ਸਾਡੇ ਬਾਰੇ ਜ਼ਿਆਦਾ ਸਿੱਖਣ ਲਈ ਸਾਡੇ ਫੇਸਬੁੱਕ ਪੇਜ ਜਾਂ ਵੈਬਸਾਈਟ ਤੇ ਦੱਖੋ।

ਕੋਰੋਰੋਇਟਿਕ ਨੇਬਰਹੁਡ ਪਲੇਸ ਸਮਗਰ ਸਮਾਜੇਰ ਜਨਯ ਨਿਰਮਿਤ ਏਕਾਟਿ ਜਾਯਗਾ ।

ਆਮਰਾ ਏਖਾਨੇ ਆਪਨਾਦੇਰ ਜਨਯ ਨਾਨਾ ਰਕਮੇਰ ਕਾਰਯਕਰਮ ਏਬੰਗ ਕਲਾਸ ਚਾਲੂ ਰੇਖੇਛਿ।

ਇੰਗਰੇਜ਼ੀ ਭਾਸ਼ਾ - ਯਾਰਾ ਏਖਨਓ ਸ਼ੁਰੂਰ ਦਿਕੇ ਵਾ ਕਾਯ ਖੂੰਜੇਛੇਨ - ਆਮਾਦੇਰ ਕਲਾਸਘੋਲੋ ਮਜ਼ਾਦਾਰ ਆਰ ਵਨੁਸੁਲਭ। ਵਾਵਾ ਮਾ ਆਰ

ਵਾਛਾਦੇਰ ਖੇਲਾਰ ਗੁਪੇਰ ਪਾਸ਼ਾਪਾਸ਼ੀ ਸ਼ਿਸ਼ੁਦੇਰ ਜਨਯ ਨਾਨਾ ਰਕਮੇਰ ਕਾਰਯਕਰਮਓ ਚਾਲੂ ਆਛੇ। ਵਹੈਯੇਰ ਕਲਾਬ, ਯੋਗ ਵਯਾਮ, ਵਾਗਾਨ ਕਰਾ, ਰਿਸਾਇਕਲਿੰਗ ਆਰ ਪਰਿਵੇਸ਼ ਸੰਕਰਾਸੁ ਕਾਰਯਕਰਮ ਏਬੰਗ ਆਰਓ ਅਨੇਕ ਕਿਛੂ।

ਆਮਰਾ ਆਪਨਾਕੇ 61A Selwyn Street, Albion ਏ ਦੇਖਤੇ ਅਨੇਕ ਆਗ਼ੀ।

ਅਥਵਾ ਆਮਾਦੇਰ ਸੰਪਰਕੇ ਆਰਓ ਜਾਨਤੇ ਆਮਾਦੇਰ ਫੇਸਬੁਕ ਪਾਠਾ ਵਾ ਓਵੇਬਸਾਈਟ ਦੇਖੁਨ।

-Kororoit Creek Neighbourhood House ساری کمیونٹی کے لئے جگہ ہے۔

ہم آپ کے لئے سرگرمیاں اور کلاسیں چلاتے ہیں!

انگریزی زبان - نئے سیکھنے والوں کے لئے یا کام پر جانے کی غرض سے - تفریحی اور دوستانہ کلاسیں۔ بچوں اور والدین کے لئے پلے گروپس کے ساتھ ساتھ بچوں کے لئے سرگرمیاں۔ بک کلب، یوگا، باغبانی، ری سائیکلنگ اور ماحولیاتی پروگرامز اور بہت کچھ!

ہم بے حد خوش ہوں گے اور چاہیں گے کہ آپ 61A Selwyn St, Albion پر آکر ہم سے ملیں۔

یا ہمارے بارے میں مزید جاننے کے لئے ہمارے فیس بک صفحے یا ویب سائٹ پر جائیں



Families,  
Fairness  
and Housing

KCNH acknowledges that we are on the lands of the oldest living culture known to the world. KCNH sits on the lands of the Kulin Nations and acknowledges that sovereignty was never ceded. We pay our respects to Aboriginal & Torres Strait Islander Elders, past and present and through them to all Aboriginal and Torres Strait Islander people.