

KOROROIT CREEK NEIGHBOURHOOD HOUSE

July — September 2026

What's On

Vibrant Youth: July School Holiday Program

StagePlay—Kids & Adults Drama Returns in Term 3

Sow Your Summer Harvest Workshop



Preserving Citrus Workshop

Citrus fruits in winter are at their most abundant and juicy best, so make the most of them and turn them into delicious preserves to last the whole year round. Marmalade, lemon curd and preserved lemons are amongst the preserves we will be making in this hands-on workshop. Please bring along an apron if you prefer wearing one when cooking! Saturday 22 August, 10:11am to 1.30pm | \$25 pp

<https://events.humanitix.com/preserving-citrus-workshop>



Spring Seed Sowing for Summer Harvest

Join our Tuesday gardeners for a relaxed seed propagation session planting veggies for your summer harvest!

We'll have seed and materials on hand for you to sow a selection of spring/summer veggie varieties to take home for your vegetable or container garden.

Tuesday 15 September, 10:30am—11.30am —FREE

<https://events.humanitix.com/spring-seed-sowing-for-summer-harvest>



T: 0413 434 082 or 0488 283 150

E: coordinator@kcnh.org.au

W: kcnh.org.au

A: Kororoi Creek Neighbourhood House
61A Selwyn St, Albion



SUSTAINABLE LIVING

Albion Community Garden

Albion Community Garden is a communal growing space, with garden volunteers sharing both the gardening and the harvest.

As well as gardening, we run also regular workshops — New garden volunteers welcome!

Gardening group hours:

Mondays 10.30am to 12.30pm

Tuesdays 10.30am to 12.30pm

Please get in touch if you would like to join the gardening group sessions: m: 0413 434 082 or coordinator@kcnh.org.au

Community Composting Hub

Do you want to compost but have no space? We'd love to take your food scraps!

KCNH Compost Hub is in our rear garden and open 24/7 ready for your kitchen scraps. We'll turn them into lovely compost to power our community garden while keeping food scraps out of landfill.

Join the hub by registering via this online form: <https://forms.office.com/r/je7K6ZGY9t> or send us an email at admin@kcnh.com.au

Gardening Exchange

Drop off your excess gardening equipment, plants, seeds or produce to share with community. The Garden Exchange aims to help make growing fresh food and thriving gardens accessible for everyone.

Please ensure items you drop off are in good working order— if you have something broken or damaged but think someone might want it, please check with a staff member first.

If you have seeds, our seed library is located indoors, drop in during office hours to collect share and borrow seed; or you can donate seed after-hours by dropping in our letterbox!

Library of Things

Borrow a range of useful items you only use occasionally!

Join the Library of Things online at LendEngine!

Note: you'll need to bring along ID to your first borrowing session.

For membership and borrowing go to: <https://albionlibraryofthings.lend-engine-app.com/>

Sunshine Repair Cafe

Have something that needs fixing? Bring it along to a repair café and give it a second life! Items that can be fixed include small electrical

appliances, bikes, clothing & textiles, jewellery, books, shoes, furniture and sewing machines.

Every 4th Sunday of the month, 12pm to 3pm.

Make a time to bring something in by emailing us at sunshinerepaircafe@kcnh.org.au

PLANT, GROW, HARVEST, SHARE

Preserving Citrus Workshop

Citrus fruits in winter are at their most abundant and juicy best, so make the most of them and turn them into delicious preserves to last the whole year round. Marmalade, lemon curd and preserved lemons are amongst the preserves we will be making in this hands-on workshop. Please bring along an apron if you prefer wearing one when cooking! Facilitated by Maria from My Green Garden. Places are limited.

Saturday 22 August, 10:11am to 1.30pm | \$25 pp

<https://events.humanitix.com/preserving-citrus-workshop>

Spring (Summer) Seed Session

Join our Tuesday gardeners for a relaxed seed propagation session planting veggies for your summer harvest!

We'll have seed and materials on hand for you to sow a selection of spring/summer veggie varieties to take home for your vegetable or container garden.

Tuesday 15 September at 10.30am

Register: <https://events.humanitix.com/spring-seed-sowing-for-summer-harvest>

SOCIAL

Book Club

A relaxed and friendly space to chat about books and meet others. New members welcome!

July: *Land* by Maggie O'Farrell

Second Tuesday of the month; 7pm to 8pm

Email coordinator@kcnh.org.au for more info.

Craft in Company Evenings

Join us for a weekly evening chat and craft sessions.

Bring along your current work and some food to share, all crafts and abilities welcome!

No need to RSVP.

Mondays 7pm to 9pm. (during school terms).

Craft in Company Thursdays

Come along and craft with others, bring along your current work, all crafts and abilities welcome!

Drop in sessions.

Thursdays 11.30am to 1pm

Community Walking Group

Join us for a weekly walk along Kororoit Creek to stay active while meeting others and having a chat. Walk for one hour then enjoy a cool drink or cuppa at the House after walking.

Thursdays 10am to 11.30am.

RSVP to admin@kcnh.org.au or arrive at the house just before 10am

Multicultural Carers Group

Join our group to share information, connect with local services, build friendships, and enjoy activities suggested by YOU for YOUR wellbeing.

Carers are those who currently support a family member or friend who has a disability, developmental delay, medical condition, mental illness or frail due to age.

Activities include wellbeing and creative.

Mondays 12pm to 2pm

Term 3 Dates: July 13 & 27; August 10 & 24; September 14 & 28

For more info contact: coordinator@kcnh.org.au or 0413 434 082

COMMUNITY PANTRY

Food hampers for community members needing support with food. The pantry is open to people who have a commonwealth healthcare card or pension card and live in one of the following suburbs: Albion; Ardeer; Sunshine, Sunshine West, Sunshine North; Deer Park, Cairnlea and Derrimut. Can provide non-perishable food items, fresh produce and toiletries.

Wednesdays 10am to 12pm—call 0488 283 150 to make an appointment.

LEARNING & CULTURE

Albion Jam

Join us for an informal get-together to play music—just for fun. All adults welcome. All abilities and all instruments.

Bring along your instrument, your voice or just yourself. Free of charge no need to book.

Fridays 7.15pm to 9pm—19 June, 17 July & 21 August.

For more info call Jenneli on 04 78 301 074

Good Conflict in Community workshop

Conflict can seem like it brings only roadblocks, but the challenges of conflict can also bring insight, learning and growth if we approach it in the right way.

How do we work through the issues that may emerge to work together in community with people who hold different views, needs and communication practices? How do we address tensions before they get too bad? Or if it went bad, how do we start cleaning up the mess?

We will unpack what conflict is, understand how and when it arises, and provide some concrete tools for you to tackle conflict in your life at this upcoming workshop

July 19 workshop registration: <https://events.humanitix.com/westside-good-conflict-in-community-gzjj77fy>

August 29 workshop registration: <https://events.humanitix.com/august-westside-good-conflict-in-community>

Contact us at:

skillsforsocialchange2026@proton.me

StagePlay Adults

The joy of play! For adults curious about theatre, creativity and self-expression. Through games, improvisation, playful exercises and texts, we'll build confidence and reconnect with the freedom of play that many of us leave behind as adults. No experience is necessary - just a willingness to give things a go.

Come along, cut loose, have a laugh and discover where your imagination can take you.

Fridays, 6pm-7pm—31 July & Friday 14 August—more classes may follow once we gauge interest.

Cost:\$20 a session

Get In touch to book your spot

Jessica: 0449069962

HEALTH & WELLBEING

Pilates with Ami

Whether you're returning or joining us for the first time, we've got something for everyone. What to bring: Your mat, water bottle and sweat towel. The Mat Pilates classes focus on strength, flexibility, and core stability, making them suitable for individuals of all fitness levels. The exercises are performed on a mat, requiring minimal equipment, and are ideal for improving posture, mobility, and overall well-being.

\$90 for 9 week term | \$15 for casual attendance

Wednesdays 6pm —6.45pm

Register: pilateswithami@gmail.com

SunYoga

Relax, strengthen, stretch, slow down, de-stress & breathe. SunYoga classes are gentle, slow paced, friendly and fun.

Taught by Lisa Worley, these Hatha based yoga classes improve general health and wellbeing while strengthening the body and lifting your spirits. Suitable for all levels, including beginners.

New student—3 classes for \$59

Casual drop in \$28.

Term 3 rates—9 week term:

1 Class pw—\$210/\$195 conc

2 Classes—\$380/\$350 conc .

Unlimited— \$515/\$475 conc

Tuesday 9.30-10.45am

Thursday 6.30-7.45pm

Saturday 8.30-10am

For all the details visit W: SunYoga.com.au or contact E: lisa@sunyoga.com.au - M: 0411 111 794

Zumba Gold

Zumba Gold is a low impact Zumba class with no running or jumping, designed to meet the needs of seniors. It's also great for beginners, people recovering from injury and people with special needs.

Tuesdays 6pm to 6.45pm

Casual payment: \$10 per session

For more information contact Michelle on p: 0437246886 or e: chambo_mich@hotmail.com

Zumba

Would you like to giggle, jiggle and wiggle your way to happier healthier you?

Join Michelle for an hour of fun. Zumba is a super fun way to improve your fitness while dancing to some fabulous music.

Sundays 9.30am to 10.30am

Casual payment: \$10 per session

For more information contact Michelle on p: 0437246886 or e: chambo_mich@hotmail.com

KIDS, YOUTH & FAMILIES

Fridays Parents & Play Group

Meet up for a cuppa and a chat with other local parents, carers and children at KCNH. This playgroup is unfacilitated. All families welcome—No booking required. Fridays 9.30am to 11.30am | FREE

Email: coordinator@kcnh.org.au

KCNH Homework Club

Join us for our Homework Club for primary school students in Grades 3-6 on Tuesdays 3.30pm to 5pm at Albion Primary School.

We can help with homework, improving reading and language skills, and building confidence

To enrol or for further information please contact us at homeworkclub@kcnh.org.au

Messy Play Sessions

Join us for a fun messy play session with tactile activities for kids to enjoy.

Suitable for children aged 2 to 5 years.

Monthly on third Monday — 20 July; 17 August & 21 September. 11am to 1pm | FREE

Email: coordinator@kcnh.org.au

Mondays Parents & Play Group

Meet up for a cuppa and a chat with other local parents, carers and children at KCNH. This playgroup is an unfacilitated group.

All families welcome—No booking required, just come along on the day.

Mondays 9.30am to 11.30am | FREE

Email: coordinator@kcnh.org.au

StagePlay—Kids

Drama is back!

New name! Fresh energy! Fun awaits!

Join Jessica weekly for classes that help children grow in confidence, creativity and self-expression through the magic of drama.

Wednesdays during term time. (No class first and last week of term)

Wednesdays, 4pm-5pm—22 July - 9 Sept

Cost: \$20 a session - payable at the start of term

Get in touch to book your spot.

Jessica: 0449069962

Vibrant Youth

A space to meet others and chat for young people aged 12–19 living with a disability or providing unpaid care to a friend or family member. Meet new people, enjoy range of fun activities, chill out and chat.

Lunch provided

Wednesday 23 & 30 September, 12-2PM

FREE—register to attend: <https://events.humanitix.com/vibrant-youth-september-school-holiday-program>

COMMUNITY

Alcoholics Anonymous

Meeting is open to newcomers. Centred around a topic or reading and sharing on experience, strength and hope.

Sundays 5.30pm to 6.30pm

Contact: Nick A - 0432 391 437

BrimBUGS

Bicycle User Group based in the City of Brimbank.
Meeting: bi-monthly 2nd Wed of the month at

7pm. Thursday ride: Thursday 9.30am, leaves from KCNH in Selwyn Park Albion

Email: brimbug@gmail.com

Friends of Kororoit Creek

The Friends of Kororoit Creek are an active group of volunteers working on activities to improve the health of the Kororoit Creek and its surrounds in the Brimbank area.

FOKC meet bi-monthly and they welcome new members. Email: secretary@fokc.org.au

Only need it once in a while? *Borrow from our* **Library of things**



Library of Things — browse and borrow through LendEngine!

Go to: <https://bit.ly/4cz9Qmd> Or scan the QR Code!



To see what's available, reserve and arrange a time to borrow, sign up as a Library Member on the website and then bring along two forms of ID (one with a photo) to have your membership confirmed the first time you borrow to receive a Library of Things Borrower Card.

Library of Things membership is open to Brimbank residents aged 18 and over. Loans are for one week, extensions arranged via email.



Brimbank Gardens For Wildlife

Interested in supporting local wildlife and protecting Brimbank's biodiversity?

Brimbank City Council has launched a new program to support residents to create wildlife friendly gardens through growing plants that attract native wildlife such as birds, butterflies and frogs.

A dedicated and knowledgeable local Gardens for Wildlife volunteers can provide advice on ways to increase native flora and help support our native wildlife and protect Brimbank's remarkable diversity.

Find out more <http://bit.ly/4mGsRqo>

KCNH acknowledges that we are on the lands of the oldest living culture known to the world and that sovereignty was never ceded. KCNH sits on the land of the Wurundjeri Tribe of the Kulin Nation and pay our respects to Aboriginal & Torres Strait Islander Elders, past and present and through them to all Aboriginal and Torres Strait Islander people.



Families,
Fairness
and Housing

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The Heart of Our Community™



VIBRANT YOUTH

A space to meet others and chat for young people aged 15–19 living with a disability or providing unpaid care to a friend or family member.

- Meet new people
- Range of fun activities available
- Space to chill out and chat
- FREE to join and lunch provided

WEDNESDAY 1 & 8 JULY
12–2PM

Kororoit Creek Neighbourhood House
61A Selwyn Street, Albion 3020

We're committed to a safe, inclusive, and accessible space.
The venue is wheelchair accessible and we welcome all access, cultural, and communication needs.



**REGISTER NOW
VIA QR CODE:**



Questions? Get in touch!

Danielle – coordinator@kcnh.org.au or 0413 434 082
headspacesunshinecommunity@orygen.org.au

